



## Consultation Fees—2010

### How many sessions?

Simple problems like phobias or weight management would normally require about 3 or 4 sessions after the initial consultation; and more deeply rooted problems may require more work over a longer period. This will be discussed as part of the consultation. Smoking Cessation is one session.

### Hypnotherapy

**First Session - Consultation - 1½ hours: £50**

**Treatment Sessions - 1 hour: £50**

**Past Life Regression (recorded) - 1½ hours: £80**

### STOP SMOKING SPECIALIST - ONE EASY SESSION

**Smoking Cessation is 1 live 2 hr Session, followed by 30 days listening to a back-up CD.**

**Smoking Cessation - One session with backup CD - 2 hours: £125**

**Special Price for Couples/Friends: £200 (joint session)**

**A 50% deposit on all Smoking Cessation sessions is required at time of booking.**

### Group Clinics

Group Clinics are available for up to 12 people with the same problem - weight loss, confidence and motivation etc; and offer a good way of obtaining treatment at a reduced rate per person. Group sessions last approximately 2 hours each, over 4 sessions, and the venue is chosen and provided by the group. Travel expenses (see below), will also apply. Please contact me for further information and I will be happy to give you a more complete description of what is entailed.

#### Group Clinic Fees: (minimum group size 4 people)

Groups of 4 to 6 people: £30 per person per session

Groups of 7 to 12 people: £25 per person per session

#### SMOKING CESSATION GROUPS - ONE SESSION:

(minimum group size 4 people, maximum 10 people)

Groups of 4 to 10 people: £75 per person per session. Duration 2 - 3 hours dependent on group size.

**RIVENDELL, 4 SOUTH SCARLE LANE, NORTH SCARLE, LINCOLN, LN6 9ER**

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## Past Life Regression - Group Sessions/Workshops.

For groups of up to 10 people, a very interesting Past Life Regression experience can be enjoyed. This session will normally cover a day in workshop form, and will include: Discussion, Question & Answer sessions on hypnosis and Past Life Regression, a group hypnosis session plus 2 further group hypnosis sessions with regression. Group sessions can be just as enjoyable and beneficial, and can even be therapeutic, as an individual session. Everything will be explained to you over the course of the day, and you will be encouraged to explore and discuss your experiences in a safe, calm environment. Minimum group size 4 people.

**Groups of 4 to 10 people: £50 per person.** I will travel anywhere to conduct group sessions/workshops for travel expenses at 35 pence per mile and £35 per hour travel time. If you wish me to travel further than 75 miles, this will incur travel and reasonable accommodation expenses.

## Home Visits

If you cannot travel to me for a private session, **I can come to you**, and will travel anywhere to meet with you. The additional cost for this service is travel expenses charged at 35 pence per mile and £35 per hour on top of the normal session fee. For distances over 100 miles, this will include additional accommodation expenses.

## Payment methods:

Cash or Credit/Debit card. Cheques no longer accepted. Prices are per person, and inclusive of any handouts and CDs. *There is a 2% surcharge for credit card payments; debit card payments are not affected.*

Sessions are time limited, and time will be deducted if you arrive late.

**Reduced rates are available for those on means tested benefits** and low incomes who genuinely have difficulty meeting the published rates; please do not hesitate to ask about this facility. My aim is to make hypnotherapy affordable and available to all who need it.



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