



## Consultation Fees

Valid until 31st March 2018

### How many sessions?

Problems such as simple phobias or weight management would normally require up to 6 sessions after the initial consultation; and more deeply rooted problems including depression and anxiety disorders may require more work over a longer period. This will be discussed as part of the consultation. Smoking Cessation is one session.

***Credit or Debit details are required to secure an appointment.***

## Hypnotherapy

**First Session - Consultation & Assessment - 1½ hours: £60 Evenings from 6pm: £60**

**Treatment Sessions - 1 hour: £60 Evenings from 6pm: £70 per hr**

## STOP SMOKING SPECIALIST - ONE EASY SESSION

Smoking Cessation is 1 live 2 hr Session, followed by 30 days listening to a back-up CD.

**Smoking Cessation - One session with backup CD - 2 hours: £175**

**Special Price for Couples/Friends: £250 (joint session)**

***A 50% deposit on all Smoking Cessation sessions is required at time of booking.***

## Group Clinics

Group Clinics are available for up to 10 people who wish to stop smoking and offer a good way of obtaining treatment at a reduced rate per person. Group sessions last approximately 2–4 hours each (dependent on group size), and the venue is chosen and provided by the group. Travel expenses (see below), will also apply. Please contact me for further information and I will be happy to give you a more complete description of what is entailed.

### SMOKING CESSATION GROUPS - ONE SESSION:

(minimum group size 4 people, maximum 10 people)

Groups of 4 to 10 people: £100 per person per session. Duration 2 - 3 hours dependent on group size.

**Rivendell, 4 South Scarle Lane, North Scarle, Lincoln, LN6 9ER**

**Tel: 01522 778689 Mobile: 07976 604541**

**info@nlphypnosis.co.uk**

**www.nlphypnosis.co.uk**



### **Home Visits**

If you cannot travel to me for a private session, **I can come to you**, and will travel anywhere to meet with you. The additional cost for this service is travel expenses charged at 50 pence per mile and £35 per hour on top of the normal session fee. For distances over 100 miles, this will include additional accommodation expenses.

### **Payment methods:**

Cash or Credit/Debit card. Cheques no longer accepted. Prices are per person, and inclusive of any handouts and CDs. *There is a 3% surcharge for credit and debit card payments; this charge covers transaction fees charged by banks.*

*Sessions are time limited, and time will be deducted if you arrive late. Card details may be required to secure your appointment.*

### **Cancellations:**

My time and your time is precious. When you book an appointment I set aside time for you and I don't offer that time to anyone else. I only cancel my appointments in the event of illness, bereavement or other such circumstances. Once booked, **you are required to give at least 24 hours notice of cancellation for daytime appointments and 48 hours notice for evening appointments.** Cancellation must be by phone/voicemail and not by email or SMS text message. As I am not able to refill such appointments, late cancellations will always incur a charge 50% of the session fee and the full fee for missed appointments.

### **Late Arrival:**

If you are running late I appreciate a quick call or a text message to let me know (providing it is safe for you to do so). If you arrive late for your appointment the time will normally be deducted as I am not able to overlap appointments, and the full rate is payable for the session. If you arrive more than 20 minutes late the session will be treated as a failure to attend as there would not be time to do any therapeutic work. In these circumstances I charge 50% of the session fee provided you reschedule the appointment.



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